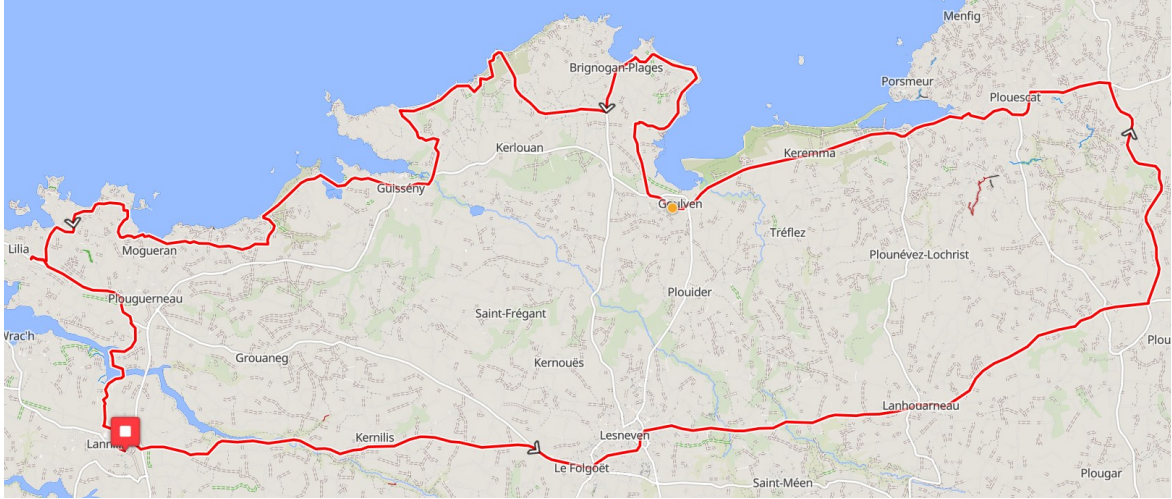


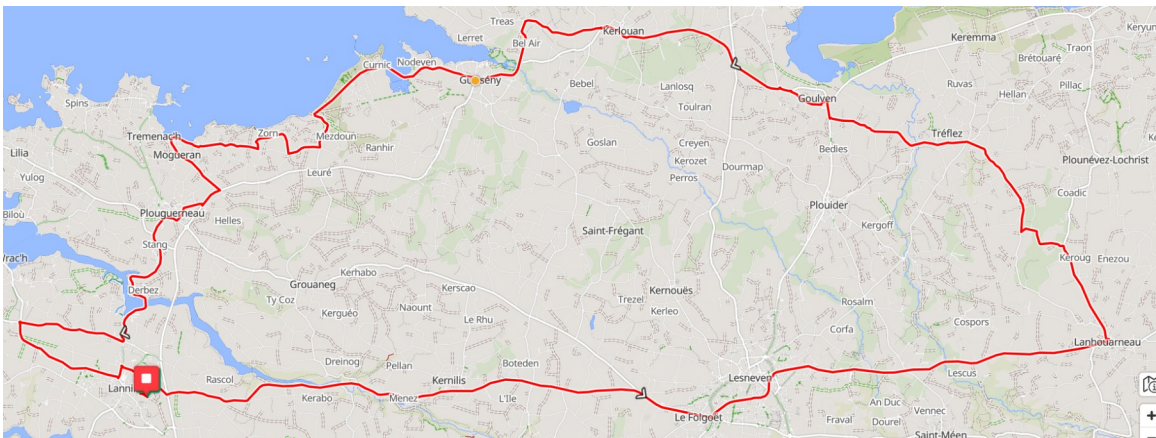
En cas de besoin : 06 04 14 85 13 (Eric Prigent)

Rando cyclo 100 km : <https://ridewithgps.com/routes/51757642>



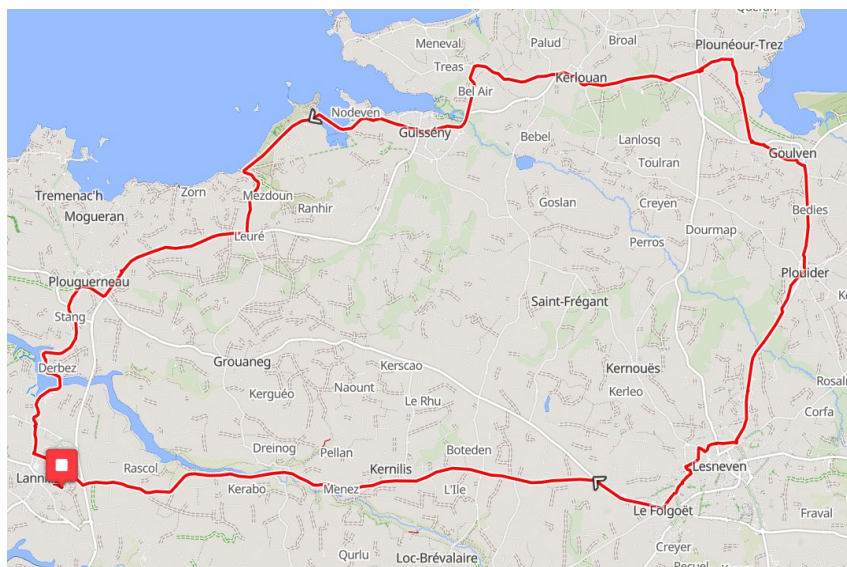
Lannilis – Kernilis – Le Folgoët – Lesneven – Lanhouarneau – Berven – Plouescat -
Keremma – Goulven – Plounéour Trez – Brignogan- Kerlouan (Ménéham) – Guissény – Le Vougot
Plouguerneau (Saint-Michel) – Lilia – Plouguerneau – Lannilis

Rando cyclo 70 km : <https://ridewithgps.com/routes/51815261>



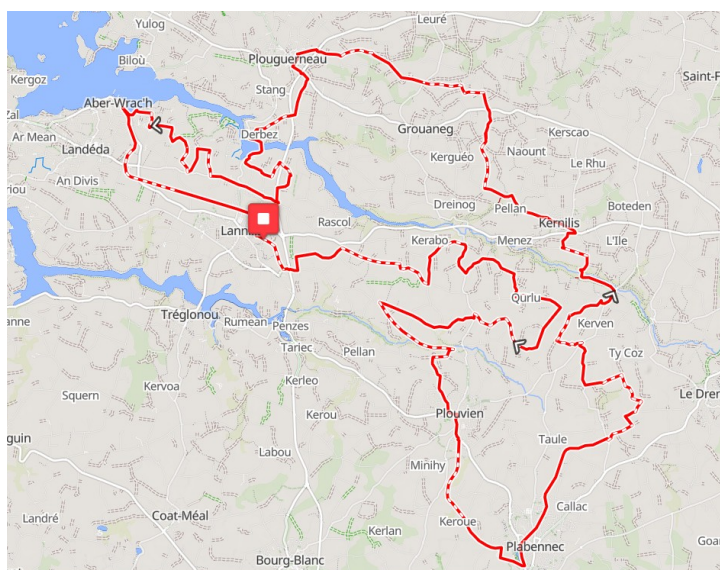
Lannilis – Kernilis - Le Folgoët – Lesneven – Lanhouarneau – Tréfleiz – Goulven – Kerlouan - Guissény – Plouguerneau – Landéda (Rond Point Bel Air) – Lannilis.

Rando cyclo 51 km : <https://ridewithgps.com/routes/52568607>



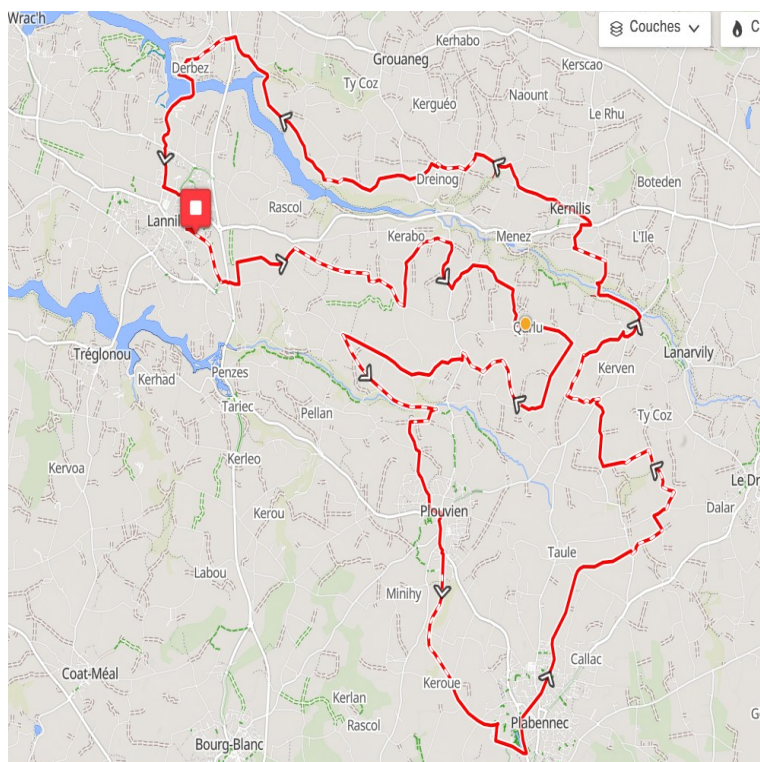
Lannilis – Kernilis – Le Folgoët – Lesneven- Plouider – Goulven – Plounéour Trez – Kerlouan – Guissény – Le Vougot – Plouguerneau – Lannilis

Rando Gravel 70 km : <https://ridewithgps.com/routes/52568060>



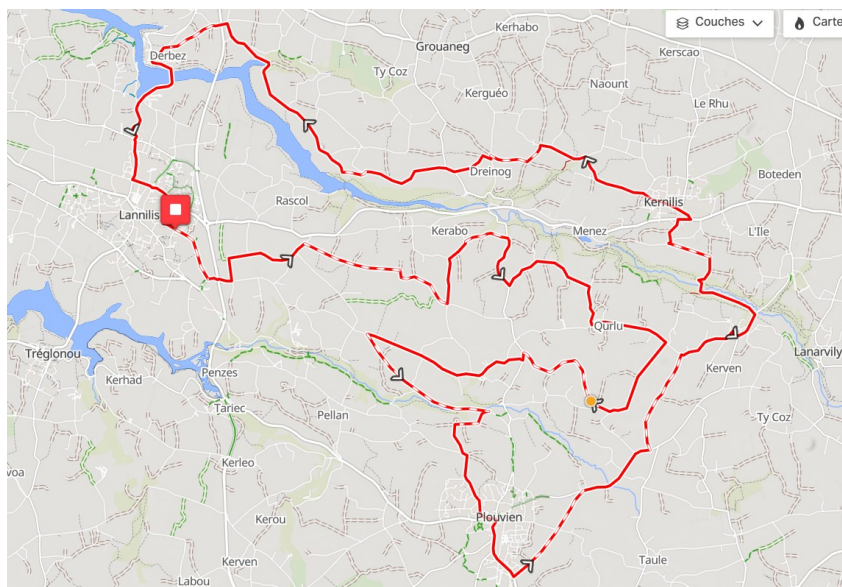
Lannilis – Plouvier – Plabennec – Le Drennec (Kermaria) – Loc Brévalaire – Kernilis - Grouanec – Plouguerneau – Paluden – L'Abert Wrach – Landéda – Lannilis

Rando Gravel 55 km : <https://ridewithgps.com/routes/52568287>



Lannilis – Plouvien – Plabennec – Le Drennec (Kermaria) – Loc Brévalaire – Kernilis - Grouanec – Plouguerneau – Paluden – Lannilis

Rando Gravel 45 km : <https://ridewithgps.com/routes/52568450>



Lannilis – Plouvien - Le Drennec (Kermaria) – Kernilis - Grouanec – Paluden – Lannilis